

### ABSTRACT OF THE DISCLOSURE

A bolster for use in construction has a beam, a first plurality of leg members on one side of the beam, a second plurality of leg members on an opposite side of the beam, and a plate having a first receptacle on one side and a second receptacle on the opposite side. The first receptacle receives a portion of the first plurality of leg members therein. The second receptacle receives a portion of the second plurality of leg members therein. The plate is integrally formed of an extruded polymeric material.